

June 2021

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School Information: Type your school information here.



Nutrition Tip: Yogurt can be eaten in lots of fun ways. It can be made into a dip for fruits or veggies, used as a base for sauces or substituted for sour cream to top off your taco or baked potato!



Reference: USDA MyPlate

Monday



Tuesday

Deli Sandwich **1**
Baked Chips, Lettuce, Tomato
Apples, Chilled Fruit

Breakfast: Mini Pancakes
Banana

Wednesday

General Tso's Chicken **2**
Rice, Broccoli, Baby Carrots
Pineapple, Fresh Fruit

Breakfast: Sausage Biscuit
Grapes

Thursday

Hot dogs on a Bun **3**
Baked Beans, Cucumbers
Peaches, Fresh Fruit

Breakfast: Cereal W/Milk
Pears

Friday

Galaxy Pizza **4**
Green Beans, Veggie Boat
Pears, Fresh Fruit

Breakfast: Freshly Baked Muffin
Mixed Fruit

Chicken Patty on a Bun **7**
Corn, Celery Sticks
Granny Smith Apples, Chilled Fruit

Breakfast: Mini Pancakes
Banana

Mac and Cheese **8**
Peas, Cucumbers
Grapes, Chilled Fruit

Breakfast: Sausage Biscuit
Grapes

Mozzarella Cheese **9**
Sticks, Baby Carrots,
Broccoli, Pears, Fresh Fruit

Breakfast: Egg Sandwich
Apple Slices

Deli Sandwich **10**
Baked Chips, Lettuce,
Tomato Apples

Breakfast: Cereal W/Milk
Pears

Cheese Pizza **11**
Cooks Choice Veggie
Cooks Choice Fruit

Breakfast: Cereal W/Milk
Pears

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Early Dismissal
Breakfast Only

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Enjoy Your Summer!

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Summer Programs
Begin

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